



## ADJUNCT FACULTY WELLNESS INITIATIVE

### PURPOSE

This initiative provides support to valued adjunct faculty and recognizes work-life needs through wellness and healthy lifestyle promotion.

### ELIGIBILITY

Participants must be active NJCU adjunct faculty with a contract in effect to participate in this Initiative.

### IMAC FITNESS CENTER PRIVILEGES

Participants will be provided regular membership access including the pool after enrolling and upon presentation of their Gothic ID cards. The Gothic ID card will be mandatory for each complementary entry.

### FINANCIAL

For a period of time lasting from the September 1, 2016 through August 31, 2017, membership will be provided at no cost.

### PROCEDURES AND PROCESS

Eligible currently employed adjunct faculty who wish to participate in the program must enroll and complete a membership application and PAR-Q (PHYSICAL ACTIVITY READINESS QUESTIONNAIRE) which is a physical fitness statement and release, available at the University Service Center. New hire adjunct faculty must complete enrollment materials within 4 weeks of being hired. All new members will be offered a first visit fitness center orientation and tour.

Accepted for NJCU ADMINISTRATION  
NEGOTIATION TEAM

Accepted for AFT-NJCU  
NEGOTIATION TEAM

A handwritten signature in blue ink that reads "Matthew Stieglitz".

Matthew Stieglitz, Esq.  
Labor Relations Associate  
DATE:

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DR. WILLIAM CALATHES  
President AFT Local 1839  
DATE:

Accepted for NJCU Adjunct Faculty  
NEGOTIATION TEAM

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Niloofar Mina  
Adjunct Faculty Representative  
DATE: