ADJUNCT FACULTY WELLNESS INITIATIVE

PURPOSE

This initiative provides support to valued adjunct faculty and recognizes their work-life needs through wellness and healthy lifestyle promotion.

ELIGIBILITY

Participants must be active NJCU adjunct faculty with a contract in effect to participate in this initiative.

JMAC FITNESS CENTER PRIVLIGES

Participants will be provided regular membership access including the pool after enrolling and upon presentation of their Gothic ID cards. The Gothic ID card will be mandatory for each complementary entry.

FINANCIAL

For a period of time lasting from September 1, 2018 through September 1, 2020, membership will be provided at no cost.

PROCEDURES AND PROCESS

Eligible currently employed adjunct faculty who wish to participate in the program must enroll and complete a membership application and PAR-Q (PHYSICAL ACTIVITY READINESS QUESTIONNAIRE) which is a physical fitness statement and release, available at the University Service Center. New hire adjunct faculty must complete enrollment materials. All new members will be offered a first visit fitness center orientation and tour.

Accepted for NJCU ADMINISTRATION:

Matthew Stieglitz /

Labor Relations Associate

Date: 6//4//8

Accepted for AFT LOCAL 1839

William Calathes

President AFT Local 1839

Date: 6/14/18